

# PANAMA

## EXPENSES GUIDE SHEET

PROGRAM YEAR 2019

LEARNINGENTERPRISES.ORG

EXPENSE	AMOUNT	NOTES
<b>PRE-ARRIVAL</b>		
Airfare (Roundtrip)	~ \$700	<ul style="list-style-type: none"> <li>Cost of flight depends on where you fly from and when you book. While flights from the U.S. can be about \$500, flights from Europe can be more than \$1000.</li> </ul>
Transportation to Hostel	\$7	
<b>ORIENTATION</b>		
Accommodation	\$42	<ul style="list-style-type: none"> <li>In-village expenses also depend on what you decide to buy/ where you decide to go. Your SIM card expenses depend on how often you chose to use your phone. You are also welcome to buy a prepaid phone while in Panama if you'd rather leave your phone at home.</li> <li>We will be cooking some of our meals as a group during midpoint break and orientation.</li> <li>Closing ceremony transportation also includes transportation to airport.</li> <li>There is no exchange rate in Panama because Panama also uses the US \$.</li> <li>It is highly recommended that you bring small bills (1's and 5's)</li> </ul>
Food	\$50	
Transportation	\$35	
Teaching Materials	\$30	
Other (Activities, Sight-seeing)	\$40	
<b>VILLAGE EXPENSES</b>		
Snacks	\$30	<p><b>US \$1.00 -&gt; 1.00 PAB</b>  <b>PAB = Panamanian Balboa</b></p>
Dances/Rodeos	\$10	
Buses	\$20	
SIM Card	\$20	
<b>MIDPOINT BREAK</b>		
Accommodation	\$30	<p><b>PROJECTED TOTAL: ~ \$1,200</b></p>
Transportation	\$35	
Food	\$30	
Other (Souvenirs, entertainment, etc.)	\$35	
<b>CLOSING CEREMONY</b>		
Accommodation	\$14	<p><b>PROJECTED TOTAL: ~ \$1,200</b></p>
Food	\$25	
Transportation	\$20	

Please email any questions to [panama@learningenterprises.org](mailto:panama@learningenterprises.org)